



Coming together for mental health.

Join us April 20, 2024,
as we walk, run or roll in support of women's and post-partum
mental health programs at **CMHA Victoria** in partnership
with **Shoppers Foundation for Women's Health™**.



Sign up to join our team at
runforwomen.ca

IN SUPPORT OF



Canadian Mental
Health Association
British Columbia
Mental health for all

SHOPPERS
DRUG MART



run for
women

IN SUPPORT OF

SHOPPERS
FOUNDATION
FOR WOMEN'S HEALTH



Fundraising Goal:

Team Name:

Team Captain:

Contact: