



Coming together for mental health.

Join us **May 11, 2024**,
as we walk, run or roll in support of mental health resources at
Canadian Mental Health Association Waterloo Wellington in
partnership with **Shoppers Foundation for Women's Health™**.



Sign up to join our team at
runforwomen.ca

IN SUPPORT OF



Canadian Mental
Health Association
Waterloo Wellington

SHOPPERS
DRUG MART



run for
wo♥en

IN SUPPORT OF

SHOPPERS
FOUNDATION
FOR WOMEN'S HEALTH



Fundraising Goal:

Team Name:

Team Captain:

Contact: